

Thank **FULL** Affirmations



Copyright © 2025 NextDoor Counseling Services, LLC. All rights reserved.

This deck of cards, including all text, prompts, graphics, formatting, and supplemental content, is the intellectual property of NextDoor Counseling Services, LLC. This work may contain content created with the assistance of artificial intelligence, but it has been curated, edited, and compiled by the author to reflect original human authorship.

This publication is intended for personal use only. No part of this book may be:

- Reproduced, resold, uploaded or distributed, modified or adapted, used for workshops, classes, or trainings, shared in digital or printed format

...for any commercial purpose, without the express written consent of NextDoor Counseling Services, LLC.

Unauthorized use, duplication, or distribution of this content is a violation of U.S. and international copyright law and may result in legal action.

For more resources, journals or to schedule a free consultation,

visit us at: www.NextDoorCounselingServices.com

Email: info@NextDoorCounselingServices.com





I am the original blueprint of my own
enoughness.





My voice bends limits into bridges.





I choose to love myself unconditionally.





Gratitude is my spiritual currency—
and I am limitless.





I trust the medicine in stillness and the
therapy in breath.





I am more than my fears.





My passion plants seeds in places I've
never been.





I have everything I need within me.





I welcome joy, love, and
peace into my life.





I am safe in my body and my mind.





Create Your
Own





















